

# Talk Tips To Go

## December 2019

### Happy Holidays!

Wishing all of our clients, friends, and families a wonderful Holiday Season filled with warmth, laughter, and happiness!

- The Columbus Speech & Hearing Center Speech Department



### Center Hours

Friendly reminder the Columbus Speech & Hearing Center will be closed on Wednesday, December 25th through Wednesday, January 1st so our staff can celebrate the holidays with their families.



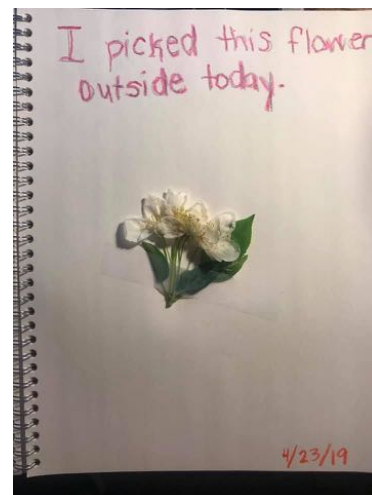
We hope you all have a wonderful holiday season!

The center will be open as scheduled on Thursday, January 2nd. If you have any questions please call 614-263-5151.

## Making an Experience Book with Your Child

By: Claire Slavik, M.A., CF-SLP

An **experience book** captures the everyday moments that your child finds important in their daily life. This is a homemade book put together by you and your child to help foster and guide conversation. All you need is some paper, a pen or crayons, and some creativity!



### *How do we make one?*

- Sit down with your child and ask them what they did during the week that was fun! They may say they loved going to the zoo, for example!
- Write down words your child says and draw a simple picture to go with it. Your child can help to draw and color. Make it fun! If you still have the zoo ticket, tape it to the page to remind the child of their experience.
- Talk about the experience! Ask your child questions. If it was about the zoo, ask: "What did we do first?" "What did you like better: the bears or the lions?" "What color were the elephants?"
- Work into your weekly routine! Find a time each week to create a new page.

### *What are the benefits of creating an experience book?*

Creating each page with your child will provide opportunities for:

- **Answering Wh- questions:** As mentioned above, this will foster opportunities for your child to practice answering questions about something they enjoyed.
- **Sequencing a story:** Help your child put the events in order by asking, "What did we do first? Second? Last?"
- **Describing a scene:** Help your child add detail to their story! If your child said, "I like the bear", you could ask: "Was the bear big or little?" "Was he furry or bumpy?" ...now, you are able to say, "Oh! You like the big, furry bear."
- **Making predictions:** Use "I wonder statements" to help your child predict different scenarios! (ex: "I wonder what would happen if the bear stepped in the water!")



## Therapy Share

Last month in our JAM groups the clinicians turned snack time in to a fun fine motor and language activity. Each client created their very own "turkey" with an apple, gummies, crasins, cereal, and marshmallows. This activity provided opportunities for each client to work on requesting, labeling, commenting, and even rejecting "no, thank you". To find out more fun activities going on around the speech department follow us on instagram at columbusspeech for our "Therapy Share Thursdays".



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## What's happening in Columbus this month....

- Giving Tuesday- December 3rd
  - Click here [Giving Tuesday 2019](#)
- Elf The Musical - A Sensory Friendly Production
  - presented by Dublin Scioto Theatre
  - December 7th at 2 PM
  - [click here for more information](#)
- Wildlights at the Columbus Zoo and Aquarium
  - November 15th thru January 5th
- Columbus Symphony Holiday Pops
  - December 6th thru December 8th
  - [click here for more information](#)
- Franklin Park Conservatory Aglow
  - November 16th thru January 4th
  - [click here for more information](#)



## Kids Speech Squad Shirts for Sale!!

Want to rock a CS&HC's Speech Squad T-Shirt??

Feel free to stop by our Business Office any time to purchase a cute youth tee to help support our speech programs!

Thank you for supporting the center and our mission: To unlock potential for individuals with communication and vocational challenges through all stages of life.



The Columbus Speech & Hearing Center's Autism Diagnostic Clinic is currently scheduling evaluations for fall. Please call 614-263-5151 to schedule or ask any questions about our clinic.

[Click here to see CSHC's Autism Diagnostic Clinic Flier.](#)

[Click here to see red flags for Autism.](#)

## Speech Therapy Group Openings

Immediate openings in our Tiny Talkers speech therapy group on Tuesdays.

Tiny Talkers is a group therapy program designed to improve speech

and language skills as well as socialization skills with peers. This group is for children ages 18 months to three years old and meets one time per week for one hour.



To find out more about our group programs check out our website [www.columbusspeech.org](http://www.columbusspeech.org) or call 614-263-5151.

## Words of Wisdom

“When little people are overwhelmed by big emotions, it’s our job to share our calm, not join the chaos .”

- L. R. Knost

“Gratitude is the inward feeling of kindness received. Thankfulness is the natural impulse to express that feeling.”

- Henry Van Dyke

## Mark you Calendars....

### National Stuttering Association Meeting

This month the National Stuttering Association Columbus Chapter will meet at CS&HC on Thursday, December 5th, 2019 from 7-8 PM.

[Check out this flyer for more](#) information about NSA.



### OCALICON 2019

Another great conference put on by OCALI. Columbus Speech & Hearing

Center was excited to have an exhibitor booth for the fourth year in a row. A wonderful conference with a theme of inclusion, "We are Better Together". We look forward to sharing our new found knowledge with our speech department and our clients.



To find out more about OCALI visit their website that focuses on "Informing public policy and developing and deploying best practices - linking research to real life - so that people with disabilities have the opportunity to live their best lives for their whole lives."

[Click here to visit OCALI's website](#)



## ASHA 2019

Three of our wonderful clinicians had the opportunity to represent CS&HC at ASHA in Orlando last month. They had a great time learning the newest tips, tricks, and research happening in speech pathology!

[ASHA's Website](#)



Meet and chat with a Speech-Language Pathologist from Columbus Speech & Hearing Center for a casual Q & A about your child's speech and language development and how you can naturally support your child's speech and development during every day routines and activities.



This Month's Chatterboxes:

- Thursday, December 12th at 10:30-11:30 AM Whetstone Library
- Thursday, December 19th at 10:30-11:30 AM COSI

Please contact Lora McConnell at (614) 261-5462 or [lmcconnell@columbusspeech.org](mailto:lmcconnell@columbusspeech.org) if you are interested in scheduling a Chatterbox event at your location!

## Contract Speech Services for Schools

Columbus Speech & Hearing Center can contract with your daycare, preschool, elementary school, and/or high school to provide the following services:

- Yearlong Speech Therapy Services
- Speech-Language and/or Hearing Screenings
- Short-term Emergency Leave Coverage
- Extended School Year Services
- Educational Audiology & Hearing Aid Services
- Independent Educational Evaluations

For more information please call 614-263-5151.



Find out what is happening this month at Columbus Speech & Hearing Center by following us on Facebook.

[Click here to visit our Facebook Page](#)

**Or**



Check out our **"Words of Wisdom" Wednesdays** and our **"Therapy Share" Thursdays** on Instagram @columbusspeech.





Liked by jingerjohnson and others  
columbusspeech How cute this is turkey smash mat?! 🍂

Liked by sensorykidsllc and others  
columbusspeech #thankful #speechtherapy

This free handout from The Adventure SLP on @teacherspayteachers is so versatile! Today, Miss



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