

Talk Tips To Go - February 2019

Article of the Month

Valentine's Day 2019

Hearts, kisses and speech therapy wishes! Valentine's Day activities are a wonderful opportunity to practice your child's speech and language goals. Take a look at these ideas and give them a try at home!



[Click here to read the full article!](#)

Staff Spotlight



Julie Aills, M.A. CCC-SLP

Julie Aills is this month's writer of our Valentine's Day TTTG article. Julie joined the CS&HC speech team in July 2018 and has five and half years of experience as a speech pathologist.

Julie loves being able to make meaningful connections with her students and see their excitement as they accomplish their goals.

[Click here to learn more about Julie Aills.](#)

Ways to Show a Child they are Loved

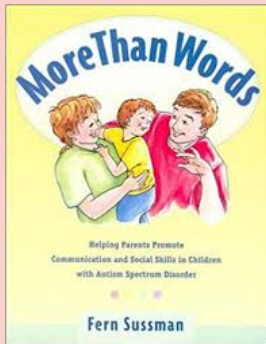
- Spend time together doing something fun!
 - play a game
 - read a book
 - take a bike ride
 - watch a movie
 - bake cookies
 - sing
 - roller skating
 - painting
- Laugh together- be silly!

- Give positive words of encouragement!
- Give Hugs, High Fives, and Fist Bumps!
- Acceptance- Love them as they are without rules or expectations.

YOU ARE
LOVED

Good Reads

Lawrence J.
Cohen, PhD



Our Clinicians Favorite Resource Books

- The Late Talker by Marilyn Agin, Lisa Geng and Malcolm Nicholl
- The School-Age Child Who Stutters: Working Effectively With Attitudes and Emotions
- It Takes Two to Talk by Jan Pepper; Elaine Weitzman
- More than Words by Fern Sussman
- The Opposite of Worry by Lawrence J. Cohen Ph.D.
- Sensational Kids by Lucy Jane Miller PhD OTR
- The Out of Sync Child by Carol Stock Kranowitz

Inspirational Saying

IT TAKES A
BIG ❤️ TO
teach
LITTLE MINDS

Mark your Calendars...

National Stuttering

Association Meeting

The National Stuttering Association Columbus Chapter meets at CSHC the 1st Thursday of every month from 7-8 PM. Join us on Thursday, February 7th for this month's meeting.

[Check out this flyer for more](#)



CS&HC's 12th Annual Golf Event



Our 12th annual golf event will take place on May 20th, 2019 at The Lakes Golf and Country Club in Westerville. The funds we raise at this event (over 100,000 last year) help us continue to provide services to those in need! If interested in attending, volunteering, or donating for this event please contact Rachel Milligan at rmilligan@columbusspeech.org.

Night to Shine

One Church is proud to be an official host church for Night to Shine, sponsored by the Tim Tebow Foundation. Night to Shine is an unforgettable prom night experience, centered on God's love for people with special needs, ages 14 and up. Space is limited, registrations will be honored on a first-come, first-served basis. Every Guest will be paired with a Buddy to be their escort and helper for the evening.

Date: February 8, 2019

Time: 6:00pm

Place: One Church: 817 N Hamilton Rd. Gahanna, OH
43230

[Click here to register!](#)



Upcoming Family Events in Columbus

A Breakfast with Characters presented by The Junior League of Columbus

When: Saturday, February 16th from 10:00 AM to 12:00 PM

Where: Reynoldsburg, OH 43068 (614) 464-2717

What: The funds raised at A Breakfast with Characters will benefit the Adopt-A-Backpack for Children (ABC) Project. The ABC Project, founded by the Junior League of Columbus, provides local children with the supplies necessary for academic achievement.



Autism Diagnostic Clinic

The Columbus Speech & Hearing Center's Autism Diagnostic Clinic is currently scheduling evaluations for February 2019. Please call 614-263-5151 to schedule or ask any questions about our clinic.

[Click here to see CSHC's Autism Diagnostic Clinic Flier.](#)

[Click here to see red flags for Autism.](#)

What is a Chatterbox?



Chatterbox Program Goal: To reach families in the community by sending out speech-language pathologists to provide reliable answers to their questions about speech and language development as well as to share specific ideas for building daily communication skills.

Chatterbox Program History:

- This program was started in the summer 2013 at a local play café. Visits were made twice per month.
- Over the next 2 years, more area play cafes were added, then recreation centers and area libraries.
- In May 2015, we did a BLITZ, running a Chatterbox event at 5 different play cafes on one Saturday morning for May Is Better Hearing & Speech month.
- We reached approximately 170 families in the summer of 2015.
- An average Chatterbox event can reach anywhere from 4-50 families, depending on the event location.

Current Chatterbox Program: Chatterboxes now occur 2-3 times per week. Our speech-language pathologists periodically visit 7 play cafes, 6

libraries, and 2 recreation centers in the Columbus area. Visits to a specific location are generally scheduled one time per month. There is no charge to the location or to families to hold or participate in a Chatterbox visit.

At a typical Chatterbox event, a table of information (including fliers, developmental handouts, idea sheets, etc.) is set up and families are able to talk 1:1 with one of our speech-language pathologists. They can get reliable, valid answers to their questions about speech and language development as well as ideas to help with their child's everyday communication and interaction skills. Recommendations and referrals for additional testing and/or services are provided in addition to follow-up calls as necessary. Direct therapy is not provided as a part of this program. Chatterbox events run for approximately 1 hour per visit.

This month there will be a Chatterbox at :

- **Old Worthington Library from 10:15- 11:15 AM on February 28th.**

Please contact Lora McConnell at (614) 261-5462 or lmconnell@columbusspeech.org if you are interested in scheduling a Chatterbox event at your location!



COLUMBUS SPEECH & HEARING CENTER
columbusspeech.org | (614) 263-5151



Find out what is happening this month below! To stay updated on all the things going on around the Center, like us on Facebook.

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