

Talk Tips To Go

January 2020

Happy New Year!!

Wishing all of our clients, friends, and families a happy and healthy New Year!

· The Columbus Speech & Hearing Center Speech Department



Center Hours

Friendly reminder the Columbus Speech & Hearing Center will be closed on Wednesday, January 1st so our staff can celebrate the holidays with their families.

The center will be open as scheduled on Thursday, January 2nd.

If you have any questions please call 614-263-5151.



Article of the Month

Using "DIP" with Your Child

By: Claire Slavik, M.A., CF-SLP

WHAT is "DIP"?

- "DIP" stands for **duration, intensity, and pitch**. These features add *meaning and variety* to our words and help speech come to life! They are the qualities that can make our voice sound different from those around us.

WHY is this important to use with my child?

- Showering your child with words, songs, and enriched language will *advance your child's spoken language*. When you use "DIP", you will be guiding your child to experiment with speech in different ways, enjoy variations of speech, and allow the meaning of the message to change without changing the words!

HOW do I use DIP with my child?

- Use DIP with your child while singing songs, during pretend play, and while narrating events during daily routines!

Duration: Think of duration as how long the sound is made.

- Playing with race cars: saying "go, go go" vs. "gooooo!"
- Stacking and knocking down blocks: "up, up, up" vs. "dowwwn"

Intensity: Intensity is the difference between soft and loud sounds in your voice – the volume of your voice!

- Hide and seek: counting to 10 quietly, then loudly stating, "Ready or not, here I come!"
- Playing with babydoll: "Shhh, he's sleeping" (whispered) vs. "wake up!" (loudly)

Pitch: Think of pitch as the high and low tones that you can make with your voice.

- "Mooo" (low pitch for cow) vs. "meow" (high pitch for cat)
- "Wheee" with cars going down a track OR while pushing child on the swing

Last Month Around the Department

Usborne Book Fair

We love Usborne books and were so happy to host a fair last month.

Books can be a great way to work on

speech/language goals at home.

Articulation:

You can use books to target sounds that your child is working on in therapy. Use the books to work on speech sounds at the level appropriate to your child. For example, if they are working on producing their sound in words then you would find pictures or words on each page as you are reading and have the child practice their sound in the word. If they are practicing their sound at the phrase/sentence level then you could give the child a target word and have them use the target word in a phrase/sentence to talk about the picture. If they are on the conversational level then you could have the child talk about each picture independently and listen to make sure they are using their good sound!



Expressive Language:

Board books with large pictures and few words are great for increasing expressive vocabulary in toddlers. Your child can practice naming objects or actions in the pictures either through imitation or spontaneously.

Receptive Language:

Usborne books are great for receptive identification of pictures. Ask your child to point to pictures that you name. Provide models by pointing to the picture if this is difficult for your child or provide hand over hand assistance.

Card Drive for 614 KidsClub

Thank you to all of our clients and clinicians who created beautiful cards to be donated to 614 Kids Club Card Drive this year. These cards were given to 614 Kids Club last month to be delivered to hospitals, children's hospitals and nursing homes for the holidays.



Hearing Screening for Santa

Santa stopped by our center holiday party and thought it would be a good idea to have his hearing checked before Christmas.



If you are interested in having your hearing evaluated please call our center today at 614-263-5151

Therapy Share

Making holiday wish lists while working on speech goals.

- Expressive language skills
 - labeling toys
 - describing size, color, shape, and actions of the toys.
 - answering "Wh-" questions
 - "Where can you buy ___?"
 - What will you do with ___?"
 - "Who else would like ___?"
- Receptive language skills
 - Following directions that include descriptors or function of objects
 - Find or Show me something that is blue.
 - Find or Show me something you can throw.
- Articulation skills
 - finding toys with their target sound
 - /b/- baby, Barbie, ball, basketball, bubbles, books, blocks



Kids Speech Squad Shirts for Sale!!

Want to rock a CS&HC's Speech Squad T-Shirt??

Feel free to stop by our Business Office any



time to purchase a cute youth tee to help support our speech programs!

Thank you for supporting the center and our mission: To unlock potential for individuals with communication and vocational challenges through all stages of life.



The Columbus Speech & Hearing Center's Autism Diagnostic Clinic is currently scheduling evaluations for fall. Please call 614-263-5151 to schedule or ask any questions about our clinic.

[Click here to see CSHC's Autism Diagnostic Clinic Flier.](#)

[Click here to see red flags for Autism.](#)

Speech Therapy Group Openings

Immediate openings in our Tiny Talkers speech therapy group on Tuesdays.

Tiny Talkers is a group therapy program designed to improve speech and language skills as well as socialization skills with peers. This group is for children ages 18 months to three years old and meets one time per week for one hour.

To find out more about our group programs check out our website www.columbusspeech.org or



Words of Wisdom



Mark you Calendars....

National Stuttering Association Meeting

There will not be a National Stuttering Association Columbus Chapter meeting in January.

The next NSA meeting will be at CS&HC on Thursday, February 6th, 2020 from 7-8 PM.

[Check out this flyer for more information about NSA.](#)





Meet and chat with a Speech-Language Pathologist from Columbus Speech & Hearing Center for a casual Q & A about your child's speech and language development and how you can naturally support your child's speech and development during every day routines and activities.



This Month's Chatterboxes:

- Thursday, January 9th, 2020
 - Firefly Play Café 10:30-11:30 AM
- Thursday, January 16th, 2020
 - Old Worthington Library 10:15-11:15 AM
- Thursday, January 23rd, 2020
 - Westerville Library 10:50-11:50 AM
- Thursday, January 30th, 2020
 - Northwest Library 10:15-11:15 AM

Please contact Lora McConnell at (614) 261-5462 or lmcconnell@columbusspeech.org if you are interested in scheduling a Chatterbox event at your location!

Contract Speech Services for Schools

Columbus Speech & Hearing Center can contract with your daycare, preschool, elementary school, and/or high school to provide the following services:

- Yearlong Speech Therapy Services
- Speech-Language and/or Hearing Screenings
- Short-term Emergency Leave



Coverage

- Extended School Year Services
- Educational Audiology & Hearing Aid Services
- Independent Educational Evaluations

For more information please call 614-263-5151.



Find out what is happening this month at Columbus Speech & Hearing Center by following us on Facebook.

[Click here to visit our Facebook Page](#)

Or



Check out our **"Words of Wisdom" Wednesdays** and our **"Therapy Share" Thursdays** on Instagram @columbusspeech.



COLUMBUS SPEECH & HEARING CENTER
columbusspeech.org | (614) 263-5151



Click here to visit our website!