

# Talk Tips To Go

## May 2020

Better Hearing & Speech Month



Communication at Work

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It's May which means it's Better Hearing and Speech Month. Better Hearing and Speech Month allows for an opportunity to raise awareness about communication disorders.

Did you know?

Based on the Communication Disorders and Use of Intervention Services Among Children Aged 3-17 Years: United States, 2012

- 7.7 percent of children have a communication or swallowing disorder
- Boys (9.6 percent) are more likely than girls (5.7 percent) to have a communication disorder.
- The highest prevalence of communication disorders is among children ages 3-6 (11 percent)
- "Early diagnosis and intervention services have shown to be effective in treating communication and swallowing disorders, leading to better quality of life, and in some cases, better academic success."

<https://leader.pubs.asha.org/doi/full/10.1044/leader.NIB1.20082015.10>

Click here for more information about BHSM [www.asha.org](http://www.asha.org)

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To all of our loyal clients at the Columbus Speech & Hearing Center.

Our speech department remains closed at this time for direct face to face speech services. We are happy to be able to provide teletherapy to our school contracts and our individual and group therapy clients at this time.

Our goal is to continue to provide excellent speech services to all of our clients and their families. By providing teletherapy as an option we can help our clients continue to make progress towards their speech and language goals.

If you have any questions or are interested in scheduling for teletherapy please call the center at 614-263-5151.

Thank you for your patience and understanding during this difficult time!

We hope you and your families are in good health!

- The Speech Department at the Columbus Speech & Hearing Center

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## **Article of the Month**

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To celebrate Better Hearing and Speech Month we asked our clinicians to share some of their favorite therapy materials and activities.

## **Favorite Apps**

1. Toca Boca kitchen
2. Toca Boca Tea Party
3. Peek-a-Boo Barn.
4. Articulation Station Pro
5. Picture the Sentence
6. My Play Home
7. My Play Store
8. Pizza/Cookie/Cake making apps
9. Pog
10. Bag Game

## **Favorite Websites**

1. apraxiakids.org
2. www.westutter.org
3. asha.org
4. Teacher Pay Teachers
5. www.stutteringhelp.org
6. zerotothree.org
7. hanen.org
8. socialthinking.org
9. hanen.org
10. ocali.org
11. YouTube- Pixar Short Films
12. Pinterest
13. MommySpeechThearpy.com
14. Letsplaythespeechandlangaugeway.com
15. thespeechroomnews.com

## **Favorite activities to use in Teletherapy**

1. Boom cards
2. Show and Tell with toys in your home
3. Annotation feature in Zoom
4. ABCya.com
5. [www.wilbooks.com](http://www.wilbooks.com) Free easy readers, coloring pages, and word searches.
6. [www.hearbuilder.com](http://www.hearbuilder.com)- Activities to build following directions, phonological awareness, sequencing, and auditory memory skills
7. <http://toytheater.com>- Free interactive games, music, puzzles, mazes, spinners, and more
8. <https://www.shutterfly.com>- Upload pictures to shutterfly's website and create your own "decks" to use as articulation

flashcards, action words flashcards, and/or prepositional phrases flashcards.

9. [www.speechtherapiststore.com](http://www.speechtherapiststore.com)- Free resource list for teletherapy.
10. Choiceworks app to use as a visual schedule
11. Peachie Speechie articulation videos

### **Favorite Songs to use in Therapy**

1. Clean up song
2. Hello song
3. Baby Shark
4. 5 Little Monkeys Swinging in a Tree
5. Ring Around the Rosie
6. Wheels on the Bus
7. Old MacDonald Had A Farm
8. 5 Little Monkeys Jumping on the Bed
9. We are the Dinosaurs by Laurie Berkner
10. Twinkle Twinkle Little Star
11. Open Shut Them
12. Shake it Off- Taylor Swift
13. We are the Dinosaurs by Laurie Berkner

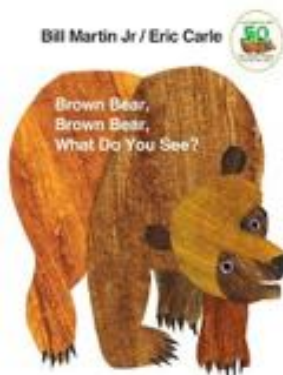


### **Favorite Inspirational or Positive Reinforcement Statements**

1. "I love how you \_\_\_\_!"
2. "Whoa, you are rocking it!- high five!"
3. "You did it!"
4. Beautiful!"
5. "WOAH! You're TOO good at this I'm going to need to make speech harder!"
6. "Great Work!"
7. "You got it!"
8. "You are awesome!"
9. "Good idea!"
10. "Thanks for working so hard!"

## Favorite Activities and Games to use in therapy

1. Scavenger hunts
2. Go Fish
3. Pop up Pirate
4. balloon pump
5. bubbles
6. sensory play- water, rice, slime
7. Zingo
8. Pop the Pig
9. Wind-up Toys
10. Critter Clinic
11. Guess Who and Guess Where board games



## Favorite Picture Books

1. "There was an old lady who swallowed a..." by Lucille Colandro
2. "Brown Bear Brown Bear" by Bill Martin Illustrated by Eric Carle
3. "That's Not My \_\_\_\_" books by Fiona Watt
4. "Pete the Cat" book series by Eric Litwin and James Dean
5. Usborne lift the flap books
6. "Go Away Big Green Monster" by Ed Emberley
7. "Who's Making that Mess?" by Jenny Tyler and Philip Hawthorn
8. "Goodnight Gorilla" by Peggy Rathmann
9. "Rainbow Fish" by Marcus Pfister
10. Berenstain Bears book series by Stan and Jan Berenstain
11. "Snowman All Year" by Caralyn Beuhner
12. "I Spy" by Jean Marzollo
13. "Dear Zoo" by Rod Campbell
14. "You Choose" by Pippa



## **Favorite Activities**

Activities keeping our clinicians busy during quarantine

1. walks
2. reading
3. puzzles
4. crocheting
5. crafting
6. watching movies/Netflix/Disney +
7. baking/cooking
8. yoga
9. Facetimeing or video calling friends and family
10. gardening
11. online exercise classes
12. online shopping
13. exploring new parks
14. making photo books

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## **Favorite Snacks**

Our clinicians favorite snacks include:

1. popcorn
2. chips and salsa or guacamole
3. Starburst jelly beans
4. brown butter rice crispy treats
5. dried fruit
6. Cheese-its
7. dark chocolate peanut butter cups
8. TimTams
9. brownies
10. dark chocolate
11. cookie dough
12. cereal
13. ice cream
14. pineapples





*Enroll now!*

## **OHIO GOVERNOR'S IMAGINATION LIBRARY**

*Children from birth  
up to age five can  
sign up to receive a  
new book each month  
at no cost to you.*

OHIOIMAGINATIONLIBRARY.ORG



Enroll now for your child to receive a new, free book in the mail each month at [ohioimaginationlibrary.org](http://ohioimaginationlibrary.org)

Looking for more reading opportunities? Please stop by the Columbus Speech & Hearing Center's Little Library to pick up a book. Don't worry about returning the book but please feel free to add to our library if you would like. We have books for children and adults. Happy reading!!!



## Words of Wisdom



## Mark you Calendars....

**Virtual National**



# Stuttering Association Meeting for May

Due to the COVID-19 Pandemic, May's NSA meeting will be a virtual Zoom meeting on Thursday, May 7th at 7 PM. Current NSA members will receive an invite to this meeting via email.

If you are interested in attending your first NSA meeting please email Anna Lichtenstein at [alichtenstein@columbusspeech.org](mailto:alichtenstein@columbusspeech.org).

[Click here for additional information.](#)



## Contract Speech Services for Schools During COVID-19

Columbus Speech & Hearing Center can contract with your child care center, preschool, elementary school, and/or high school to provide the following services:

- Teletherapy Speech Services
- Updating goals and progress reports
- Providing caregivers/students with activities for home practice to target their specific speech and language goals via email or text. Answering any questions on implementation of the activities via email or text.
- Providing accessible students with individual or group teletherapy sessions to target specific speech and language goals.



For more information please call  
614-263-5151.



## CHATTERBOX

### We are here to answer your questions!

Chat with a Speech- Language Pathologist from Columbus Speech & Hearing Center for a casual Q & A about your child's speech and language development and how you can naturally support your child's speech and development during every day routines and activities.



Please contact Lora McConnell at (614) 261-5462 or [lmccconnell@columbusspeech.org](mailto:lmccconnell@columbusspeech.org) if you have questions about your child's speech and language development.



Find out what is happening this month at Columbus Speech & Hearing Center by following us on Facebook.

[Click here to visit our Facebook Page](#)

**Or**



Check out our **"Words of Wisdom" Wednesdays** and our **"Therapy Share" Thursdays** on Instagram @columbusspeech.

### Wonderful Therapists!

Three of our SLPs sang and signed three little ducks to share with their clients and their families.



Go to Columbus Speech & Hearing Center's Facebook page to watch this fun video.



COLUMBUS SPEECH & HEARING CENTER  
*columbusspeech.org / (614) 263-5151*



Click here to visit our  
website!