

Talk Tips To Go

October 2020



Article of the Month

Fall Fun Easy Ways to Incorporate Speech & Language

By: Sarah Denman, M.A. CCC-SLP

Colorful leaves, juicy apples, spooky ghosts, smiling jack-o-lanterns – it can only mean one thing... fall is here! Take advantage of this special time to target speech/language skills in creative, easy ways.

Go on a leaf hunt!

- Early Language – talk about these concepts as you look for leaves
 - Adjectives: colors (red, green, yellow, orange), big, small, smooth, rough, bumpy, dry
 - Prepositions: under, on top, below, above, next to, in front of
 - Action words: jump, rake, find, look, stomp, march, walk, pick
- Articulation: /l/ in “leaf”, “collect”, and “look”; /f/ in “find” and “leaf”
- Social skills: Take turns showing leaves, ask others questions such as “Which one is your favorite?”

- Make a leaf person! Target requesting (e.g. “glue please”) and body parts

Pumpkins and gourds!

- Early Language
 - Vocabulary: pumpkin, patch, stem, seed, vine, leaves, body parts (eyes, nose, mouth when carving)
 - Adjectives: heavy, light, smooth, bumpy, bright/dark orange, prickly, slimy, sticky
- Articulation: s-blends in “stem”, “small”, “smooth”, “slimy”, “sticky”
- Social skills: Staying with the family/ group when looking for pumpkins, asking questions to others (“Do you like this one?”), drawing or carving different faces onto pumpkins (angry, sad, happy, etc.)
- Or, make your own play dough pumpkin patch!

Costumes!

- Early Language
 - Adjectives: sparkly, bright, long, short, spooky, colors
 - Action words: dress up, put on, take off, put on your ____ (e.g. head)
 - Nouns: pants, shirt, dress, hat, body parts (e.g. arm, legs)
- Articulation: Practice your sound while talking about your costume!
- Social skills: Pretend to be the character that you dressed up as! What would they say? What would they do?

Want more ideas? Check out these websites and CSHC's Autumn Activities Pinterest page for more fall fun activities.

- [Speech and Language Kids.com-autumn](https://www.speechandlanguagekids.com/autumn)
- [Speech and Language Kids.com-Halloween](https://www.speechandlanguagekids.com/halloween)
- [Playingwithwords365.com- 5-playful-fall-activities-for-your-toddlers](https://www.playingwithwords365.com/5-playful-fall-activities-for-your-toddlers)
- [Howweelearn.com-halloween-sensory-play](https://www.howweelearn.com/halloween-sensory-play)



CSHC's Halloween Costume Contest!!

Due to the COVID-19 Pandemic, our in-person Halloween Hop has been canceled for the 2020 season. However, CSHC loves Halloween too much to let the holiday pass without some spooktacular family fun! This year we will be hosting a virtual Halloween Costume Contest. Each participant will be entered into a random drawing and the winners will receive a Halloween prize basket filled with goodies for the whole family! This contest will run from October 10th - October 29th.

HOW TO ENTER:

1. Follow Columbus Speech & Hearing Center on Facebook and/or Instagram (our Instagram handle is @columbusspeech)
 2. Post a picture of your child, children or entire family in their Halloween Costumes between 10/1- 10/29
 3. Tag Columbus Speech & Hearing Center in your post and use the hashtag: **#CSHCcostume**
- Please be sure to tag Columbus Speech & Hearing Center and use the hashtag so that we can see your picture(s) and enter you into our basket drawing.
 - You do not need to be a current client of CSHC to enter- anyone is welcome! However, the winner must be able to pick up their prize in-person at Columbus Speech & Hearing Center.
 - Please keep in mind that is a family-friendly costume contest

[Click here to email jails@columbusspeech.org](mailto:jails@columbusspeech.org) with any questions about this contest.



Sign of the Month

The sign of the month for October is the word "Halloween".



Words of Wisdom

"Reading to children at night, responding to their smiles with a smile, returning their vocalizations with one of your own, touching them, holding them - all of these further a child's brain development and future potential, even in the earliest months."



- T. Berry Brazelton

"Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do what you believe is great work. And the only way to do great work is to love what you do."



- Steve Jobs

Last Month Around the Department

Last month around the department we kicked off fall schedules with a little back to school gift to keep our clinicians safe! We were also very excited to celebrate reaching 1000 followers on Columbusspeech's instagram page. We love sharing helpful resources with the community and look forward to making more connections as we continue to grow!



Welcome to CSHC!!!

There is a new smiling face around CSHC's speech department! Please help us welcome our new SLP Cara to our speech team! Cara is from Akron, OH which is obvious because she is



Lebron James number 1 supporter. If she's not leaving Target, you can catch her on walks with her rescue pup, from Franklin Co Dog Shelter, Denim Jeanine. Cara loves being a speech therapist providing AAC therapy and evaluations because there is no greater feeling than providing others with a voice!

Mark you Calendars....

Coming your way: a virtual silent auction with something for the whole family! Mark your calendars for October 16-19. Proceeds from our virtual silent will directly benefit the patients and clients of Columbus Speech & Hearing Center. With tickets to Zoo Lights & Segway City Tours, to educational bundles & materials, we have something for you. Visit CSHCgolf20.givesmart.com October 12 to check out what's available!

SNEAK PEAK!



mark your calendars for a virtual

SILENT AUCTION

benefitting those served by Columbus Speech & Hearing Center

OCTOBER 16-19, 2020

featuring items from these great community partners

- Columbus Zoo & Aquarium
- Segway City Tour
- Cameron Mitchell Restaurants
- Middle West Spirits
- Cover to Cover Bookstore
- Donatos Pizza
- Gramercy Books
- Jeni's Splendid Ice Cream
- Magic Mountain Fun Center
- The Learning Express
- Westerville Golf Center
- Roosters Wings
- Oriental Trading Co.
- Super Duper Learning Materials
- Square One Salon & Spa
- Blow Dry Cafe
- Wild Cat Gift & Party
- New Albany Country Club
- The Lakes
- Woodford Reserve



Visit CSHCgolf20.givesmart.com
for updates and details!

National Stuttering Association Meeting

September's NSA meeting will be a virtual Zoom on Thursday, October 1st at 7 PM. Current NSA members will receive an email invite to this meeting.

If you are interested in attending your first NSA meeting please email Anna Lichtenstein at alichtenstein@columbusspeech.org.

[Check out this flyer for more information about NSA.](#)

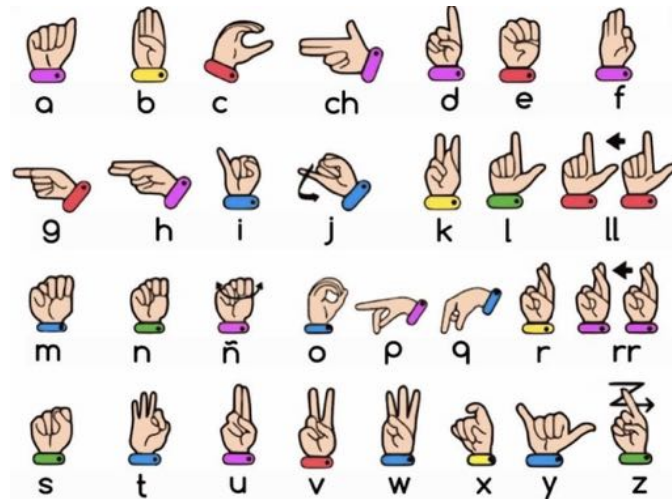


[Click here to check out FRIENDS website for additional upcoming events this month.](#)

Sign Language Classes

This month we have an ASL 3 class starting on October 5th and a Baby Sign Language class starting on October 6th.

To find out more or to register contact us at asl@columbusspeech.org.



Screenings and Chatterboxes

Columbus Speech & Hearing Center is offering Chatterboxes and community and in center screenings for the fall.

If you are interested in talking with a license slp about your child's development as part of our Chatterbox Program please email Lora McConnell at lmcconnell@columbusspeech.org.

[Click here for more information regarding our Chatterbox program.](#)

If you are interested in scheduling a speech and hearing screening please contact Janel Niekamp at jniekamp@columbusspeech.org.

[Click here for more information on screenings.](#)

Fall crisp air is the perfect time to cozy up with a good book



Need a good book? CSHC's got you covered. Please feel free to stop by our Little Free Library located by the front door to find a new to you book or to donate gently used adult or children's books.

Happy Reading!!

Find out what is happening this month at Columbus Speech & Hearing Center by following us on Facebook.

[Click here to visit our Facebook Page](#)



Or

Check out fun recipes, experiments,
and crafts on Instagram
[@columbusspeech](#).



COLUMBUS SPEECH & HEARING CENTER
columbusspeech.org | (614) 263-5151



Click here to visit our
website!