Activities to Celebrate Diversity

By: Natalie Day, MS, CCC-SLP

Every day, adults and children alike are learning how to be more inclusive and celebrate the beautiful diversity in our world. Here are a few activities to help you and your family listen, learn, and grow in this pursuit.

Read

- Reading books that have racially and culturally diverse characters help children see, learn about, and empathize with people who are different from themselves.

- **Peekaboo Morning** by Rachel Isadora is great for babies and toddlers.

- **Amazing Grace** by Mary Hoffman is a beautiful story of self-confidence.

- **Whoever You Are** by Mem Fox shows how children all over the world share joy and love despite living, speaking, and looking different from each other.
Crafts
- Craft projects will allow children to see and think about physical characteristics that make us all different. By creating these works of art themselves, they can take pride in them and appreciate the beauty in diversity.

- Use construction paper, foam sheets, or regular paper with crayons and markers to create paper dolls with varying skin tones. Give them hair, clothes, and personalities, and start playing pretend!

- Cut out hand prints in a rainbow of colors and/or skin tones and create a wreath. Hang it on your front door or in a window to share the love with your neighbors!

Play
Playing pretend and imagining that they are someone else can allow children to explore the hearts and minds of others, which helps them see things from their perspectives.

- Learn about people like Katherine Johnson, Duke Ellington, or Jesse Owens and play pretend!

- Play “Guess Who?” Give clues to help your child guess the person you are thinking of. Start with simple clues such as their favorite food or the color of their hair. This can help your child start to think about and appreciate what makes us all different, but also what we have in common!

Click here to check out CSHC's Diversity Pinterest Page for more activities and ideas.
Sign of the Month

The sign of the month for September is the word "different". As we start this new school year this is a great opportunity to celebrate the diversity in our community. Teaching our children about similarities and differences helps them learn about the unique cultures and traditions of their classmates, teachers, and neighbors.

Words of Wisdom
Mark you Calendars....

**National Stuttering Association Meeting**

September's NSA meeting will be a virtual Zoom on Thursday, September 3rd at 7 PM. Current NSA members will receive an email invite to this meeting.

If you are interested in attending your first NSA meeting please email Anna Lichtenstein at alichtenstein@columbusspeech.org.

[Check out this flyer for more information about NSA.](#)

[Click here to check out FRIENDS website for additional upcoming events this month.](#)

**ASL - Baby Sign Language Class**

We are excited to announce our new Baby Sign Language class starts this month on September 2nd!

Sign up today for our virtual Baby Sign class to help teach caregivers and babies, birth to two years old, to use signs to help increase and improve communication skills and decrease frustrations.
Fun Days to Celebrate this Month!!

1st- Random Acts of Kindness
2nd- World Coconut Day
5th- Play Outside Day
7th- Labor Day
8th- Grandparents Day
9th- Teddy Bear Day & Opposite Day
12th- Banana Day
15th- LGBT Awareness Day
16th - Play-Doh Day
18th- Read an eBook Day
19th- Talk Like a Pirate Day
21st- International Day of Peace
22nd- Ice Cream Cone Day
23rd- International Day of Sign Languages
27th- International Day of the Deaf
29th- International Coffee Day

Click here to find out more fun days to celebrate.

Go to alwaystheholidays.com or holidayinsights.com for more fun days to celebrate

Screenings and Chatterboxes

Columbus Speech & Hearing Center is offering Chatterboxes and community and in center screenings for the fall.

If you are interested in talking with a license slp about your child’s development as part of our Chatterbox Program please email Lora
McConnell at lmconnell@columbusspeech.org.

Click here for more information regarding our Chatterbox program.

If you are interested in scheduling a speech and hearing screening please contact Janel Niekamp at jniekamp@columbusspeech.org.

Click here for more information on screenings.

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**Contract Speech Services for Schools**

Columbus Speech & Hearing Center can contract with your child care center, preschool, elementary school, and/or high school to provide in person or teletherapy speech services for the 2020-2021 school year.

Services may include:

- Yearlong Speech Therapy Services
- Speech-Language and/or Hearing Screenings
- Short-term Emergency Leave Coverage
- Extended School Year Services
- Educational Audiology & Hearing Aid Services
- Independent Educational Evaluations

For more information email lterrell@columbusspeech.org

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Find out what is happening this month at Columbus Speech & Hearing Center by following us on Facebook. Click here to visit our Facebook Page

Or

Check out fun recipes, experiments, and crafts on Instagram @columbusspeech.

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**Dirt and Dinosaurs for Therapy Fun!!**

Stomp on over to our Instagram page for fun activities to target speech and language skills. Last month our therapy shares included getting down and dirty in the garden with a dirt dessert and all things dinosaur for in person and
Click here to visit our website!